

'Gangstalking' Training Manual

"Dr. Rauni Kilde, M.D., former Chief Medical Officer for Northern Finland, became aware of government-led gangstalking programs. She exposed the Targeted Individual program, which included the training manual for gangstalking. The use of British spellings suggests that it may have been written by British intelligence agents." Source: <https://www.targetedjustice.com>

Overview of Harassment Methods

Operations are generally of the "active surveillance" type. **Passive surveillance** involves watching a target covertly to obtain information, whereas **active surveillance** not only gathers information but also ensures the target is aware they are being watched. Beyond active surveillance, agents aim to make the target uncomfortable around the clock.

Although these operations are **silently approved and covered for by the official justice system**, they are **not widely accepted by moral citizens**. Agents must take great care to ensure that each act of punishment is **deniable**. This means that if a target complains to police, officials, neighbors, family members, or doctors, the harassment should appear to be **the target's imagination** or an **indication of mental illness**.

The system has worked for years to recruit the medical establishment to help maintain deniability. Today, most targets are immediately labeled as mentally ill and often forced onto antipsychotic medication when they complain. However, agents must still **perform acts of punishment skillfully** so that no clear evidence can be gathered against them.

Surveillance Techniques

Surveillance is the foundation of all operations. **Both visual surveillance and advanced electronic surveillance are used.**

Each target has at least one agent watching them at all times, even while they are at home or asleep. **Community-based agents (CBAs)** report detailed observations, including but not limited to:

- When the target turns lights on or off
- When they use the toilet or shower
- When they exit or arrive at their residence
- When they drive away or return home
- Where they shop or visit
- When they eat meals
- If they engage in sexual activity
- If they wake up in the middle of the night

- If they travel out of town

The **Electronic Corps (EC)** is responsible for through-the-wall surveillance and punishment equipment. These teams acquire apartments adjacent to the target's residence, ensuring constant monitoring.

Intercepts & Harassment Techniques

Intercepts occur when CBAs "coincidentally" cross paths with the target multiple times, making them uncomfortable. This includes:

- Walking past the target repeatedly
- Arriving at locations just before the target does
- Using subtle harassment techniques such as whistling, toe-tapping, or jingling coins
- Filling queues ahead of the target to cause delays

Vehicle-Based Harassment:

- Boxing in the target during commutes
- Following the target using multiple vehicles
- Staged accidents (executed only by senior agents)
- Parking near the target's home with unusual or unnecessary vehicles

Physical Sabotage

Sabotage is most effective when applied in small, deniable ways. This includes:

- Entering the target's home or vehicle to move objects
- Replacing fluids in vehicles with water to cause damage
- Removing small amounts of oil or coolant
- Unlocking doors and leaving them ajar
- Stealing low-value items, such as scissors or personal papers
- Creating minor rips in clothing
- Misaligning pictures and furniture
- Stealing and later returning essential items after they have been replaced

Reputation Sabotage

Destroying a target's **reputation and credibility** is a major objective. Community-based agents **spread false information** to:

- Employers and business contacts
- Co-workers and supervisors
- Friends and neighbors
- Store staff and service providers

- Landlords and property managers
- Social and community groups
- Family members (who often believe the rumors)

The goal is to **gradually poison the target's reputation**, ensuring they lose support and credibility within their community.

Discrediting Targets

Discrediting targets is an ongoing activity. This includes:

- Monitoring and responding to online posts, labeling the target as mentally ill
- Interfering with media coverage to prevent the target from gaining credibility
- Calling into radio shows to disrupt the target's message
- Using controlled opposition to dilute or misrepresent the target's claims
- Coaching infiltrators to act as unhinged supporters, discrediting the cause

Punishment at Home

Ensuring the target feels **unsafe at home** is crucial. This includes:

- Placing operatives in adjacent apartments
- Generating excessive noise (e.g., music, construction, sirens)
- Stalking the target's residence with parked cars or foot patrols
- Manipulating home utilities to cause frequent issues
- Harassing pets or, in extreme cases, harming them

Conclusion

Gangstalking is a **systematic, covert form of psychological warfare**. The goal is to **isolate, discredit, and mentally break down** targets while ensuring deniability. Understanding these tactics is crucial for awareness and resistance.

If you believe you are a target, documenting incidents, strengthening security, and seeking legal or advocacy support are critical steps toward protecting yourself.